

# KS1 SCARF Overview (PHSRE)

| Year Group    | Autumn Term 1                                                                                                                                                                | Autumn Term 2                                                                                                                                                                           | Spring Term 1                                                                                                                                    | Spring Term 2                                                                                                                                                    | Summer Term 1                                                                                                                                               | Summer Term 2                                                                                                                                                       |
|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Year 1</b> | <ul style="list-style-type: none"> <li>Feelings</li> <li>Getting Help</li> <li>Class Rules</li> <li>Special People</li> <li>Being a good friend</li> </ul>                   | <ul style="list-style-type: none"> <li>Recognising, valuing and celebrating difference</li> <li>Developing respect and accepting others</li> <li>Bullying &amp; getting help</li> </ul> | <ul style="list-style-type: none"> <li>How our feelings can keep us safe (inc. online safety)</li> <li>Medicine safety</li> <li>Sleep</li> </ul> | <ul style="list-style-type: none"> <li>Taking care of things</li> <li>My money</li> <li>My environment</li> </ul>                                                | <ul style="list-style-type: none"> <li>Growth mindset</li> <li>Healthy eating</li> <li>Hygiene &amp; health</li> <li>Cooperation</li> </ul>                 | <ul style="list-style-type: none"> <li>Getting help</li> <li>Becoming independent</li> <li>My body parts</li> <li>Taking care of self and others</li> </ul>         |
| <b>Year 2</b> | <ul style="list-style-type: none"> <li>Bullying &amp; Teasing</li> <li>School Rules About Bullying</li> <li>Being a Good friend</li> <li>Feelings/Self-regulation</li> </ul> | <ul style="list-style-type: none"> <li>Being Kind &amp; Helping Others</li> <li>Celebrating Difference</li> <li>People Who Help Us</li> <li>Listening Skills</li> </ul>                 | <ul style="list-style-type: none"> <li>Safe &amp; unsafe secrets</li> <li>Appropriate touch</li> <li>Medicine safety</li> </ul>                  | <ul style="list-style-type: none"> <li>Cooperation</li> <li>Self-regulation</li> <li>Online safety</li> <li>Looking after money-saving &amp; spending</li> </ul> | <ul style="list-style-type: none"> <li>Growth mindset</li> <li>Looking after my body</li> <li>Hygiene &amp; health</li> <li>Exercise &amp; sleep</li> </ul> | <ul style="list-style-type: none"> <li>Life cycles</li> <li>Dealing with loss</li> <li>Being supportive</li> <li>Growing &amp; changing</li> <li>Privacy</li> </ul> |